



Broadcaster



Servant Leadership

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What's Coming

Start selling Reverse Raffle tickets
Bring <u>unopened</u> wine or liquor for the
Rev Raffle booze wagon on 1/4!

CLUB CALENDAR:

12/21: No Meeting—Merry Christmas!

12/28: No Meeting—Happy New Year!

1/4: Regular Club Meeting (Gober)

1/9: Board of Directors Meeting (Pignetti's)

1/11: Regular Club Meeting (Gober)

1/14: Lions REVERSE RAFFLE

UPCOMING PROGRAMS:

12/21: No Meeting 12/28: No Meeting

1/4: Coach Pete Fredenburg—UMHB Football

1/11: Debbie Stone, Texas Lions Camp

BIRTHDAYS:

12/18 Lion Lathe' Owens

12/19: Lion Marvin Kisley

12/20: Lion Jacobs "Jake" Herndon

12/21: Lion Robert Gosney

12/22: Lion Marion "J" Brown

12/22: Lion Jeff T. Lawyer

UPCOMING GREETERS:

1/4: Lions Don Gregory & Wade Matthews

1/11: Lions Charlie Pierce & John Rude

1/18: Lions Jim Hagen & Bob Farrell



Lion & Exec. Secretary Mike Washam signing his life away on behalf of the Temple Founder Lions Club, for the purchase of a new audio system for the Cultural Activity Center.

What Happened at the Meeting



Sarah Boggan, Yoga instructor at the CAC, visited our club and spoke of the benefits of yoga and health.

Sarah has practiced yoga since she was 13 years old. She practiced regularly for 7 years at The Iyengar Yoga Association of Greater New York.

Yoga is an old discipline from

India. It is both spiritual and physical. Yoga uses breathing techniques, exercise and meditation. It claims to improve health and happiness. Yoga is the Sanskrit word for *union*.



A person doing yoga will move from one posture (called asana) to another. For example, the "sunsalutation" contains 12 poses of asanas, one after the other, and is said to help balance body and soul. For more info: http://cacarts.org/yoga-wellness

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Temple Founder Lions club stuffed animal drive will help **AWARE Central Texas** as they care for children of Bell County who are subjected to child abuse, neglect and family violence. This need is an ongoing need throughout the

year. See Lion Michelle for more information.

We will continue to collect stuffed animals through January 2017.

Thank you for help in this need for the children of Bell County!

Did you know the word "Christmas" means "Mass of Christ", later shortened to "Christ-Mass". The even shorter form "Xmas" - first used in Europe in the 1500's is derived from the Greek alphabet, in which X is the first letter of Christ's name: Xristos, therefor "X-mass".